

Be ready to welcome death

In the childhood you prepare
for youth,

when you are young you prepare for the old age

when you become old you prepare for the other life – life in heaven.

By all your preparation the whole life is missed; you never lived your life.

And that is why there is a continuous fear for death because

death may come at any time and take away all your preparations.

Life is not preparing to pass through all these transitions.

Life is transforming all these transitions into a celebration.

The key for this transformation is your TOTALITY.

Bring your totality in living your life as it comes, as it unfolds.

If you are in your childhood be totally with it, rejoice it

out of your totality you will be READY to face the youth.

If you live your youth in its totality,

out of that you will be ready to face the old age.

So it is not question of preparation, it is all about your readiness.

It is your readiness transforms this very place in to heaven.

If you live your life in its totality when you are alive

you will be ready to welcome death at any moment.