

Soul Chakra

Soul chakra is actually the seat of the soul's residence in the body. This is the six-petaled chakra that the soul is anchored to the physical body via the etheric envelop that surrounds the body.

Positioned below the heart between the solar-plexus and the base-of-the-spine chakras, it is the place of the soul's self-knowledge in the Real Self and the not-self. Here is self-conscious awareness of the parts that comprise the soul 1) awareness of self as God I AM; and 2) awareness of self as the ego. Both conditions are the result of choices the soul has made over many lifetimes.

This chakra governs the genetic code, heredity, and the manufacture of the seed and the egg. It is through the soul chakra that you transfer the Christic light, the seed of Alpha, the egg of Omega, to bring forth the divine progeny.

It is the chakra of freedom and the creative center. It is the place of divine mercy, tolerance and forgiveness, justice and diplomacy.

It is taught in the martial arts that the seat-of-the-soul chakra is the body's point of equilibrium; it is the center of chi, or life-force essential to the maintenance of life. The belief is that from this center, chi is distributed to the rest of the body. This is true insofar as the physical energy is concerned, for in soul does freely focus and circulate this energy at the level of soul-awareness. However, the heart is the ultimate center and distribution point of the sacred fire that descends from the I AM Presence (the Father) over the crystal cord and ascends from the base-of-the-spine chakra of the Mother. From within this center of equilibrium, the soul knows with an inner intuitive knowing what the outer

mind cannot or will not come to grips with, what the emotions might block through fear of encountering karmic conditions that are upon her.

The soul knows the past, present and future and what is coming upon her and the planet. The soul knows all things separate from the mental indoctrination and emotional programming experienced from living on earth. The soul resides at the subconscious level. The conscious (outer awareness) mind's contact with the soul decreases with the development of the mental and emotional bodies from the moment of birth. That is why young children often can remember past life experiences or out of body experiences at the Retreats while their body sleeps. Usually this connection diminishes by the time the child is about three

The only cure for this is for people who really care to begin purifying their soul chakras through

meditation on images of beauty, symmetry, and Higher Consciousness. This is the first step.

Next, we must hold the visualization of the whirling disc, as with all of the other chakras, to flush out the substance that has built up

with years of misuse of this vital center.